Maggie Sauer, MHA, MS

NC DHHS Office Of Rural Health Director

• National Rural Health Day
Since 2011, the National Organization of State Offices of Rural Health, the 50 State Offices of Rural Health, and rural health stakeholders from across the country have set aside the third Thursday of November to celebrate National Rural Health Day (NRHD).

#POWEROFRURAL
National Rural Health Day (NRHD) is an opportunity to “Celebrate the Power of Rural” by honoring the selfless, community-minded spirit that prevails in rural America. NRHD showcases the efforts to address the unique healthcare challenges that rural citizens face today and into the future.
Thank You!
Assessment of More than 30 Health Indicators

• Sharp disparities between rural and urban areas of NC
• Stark differences in:
  • Affordable access to care
  • Preventive care
  • Dental disease
  • Maternal health
  • Food security
  • Premature death
NRHA 2020 Rural Health Practitioner of the Year Award
Dr. Jeffrey Viar, DO

• St. Luke’s Hospital and Rural Health Clinic
• Provides care to retirement communities
• Substance abuse clinic
• Hospital Trustee
• AHEC Rural Residency Program
Victor Armstrong, MSW

NC DHHS Chief Health Equity Officer

• Social Determinants of Health in Rural Communities
• North Carolina’s Community Star – Dr. Gayle Thomas